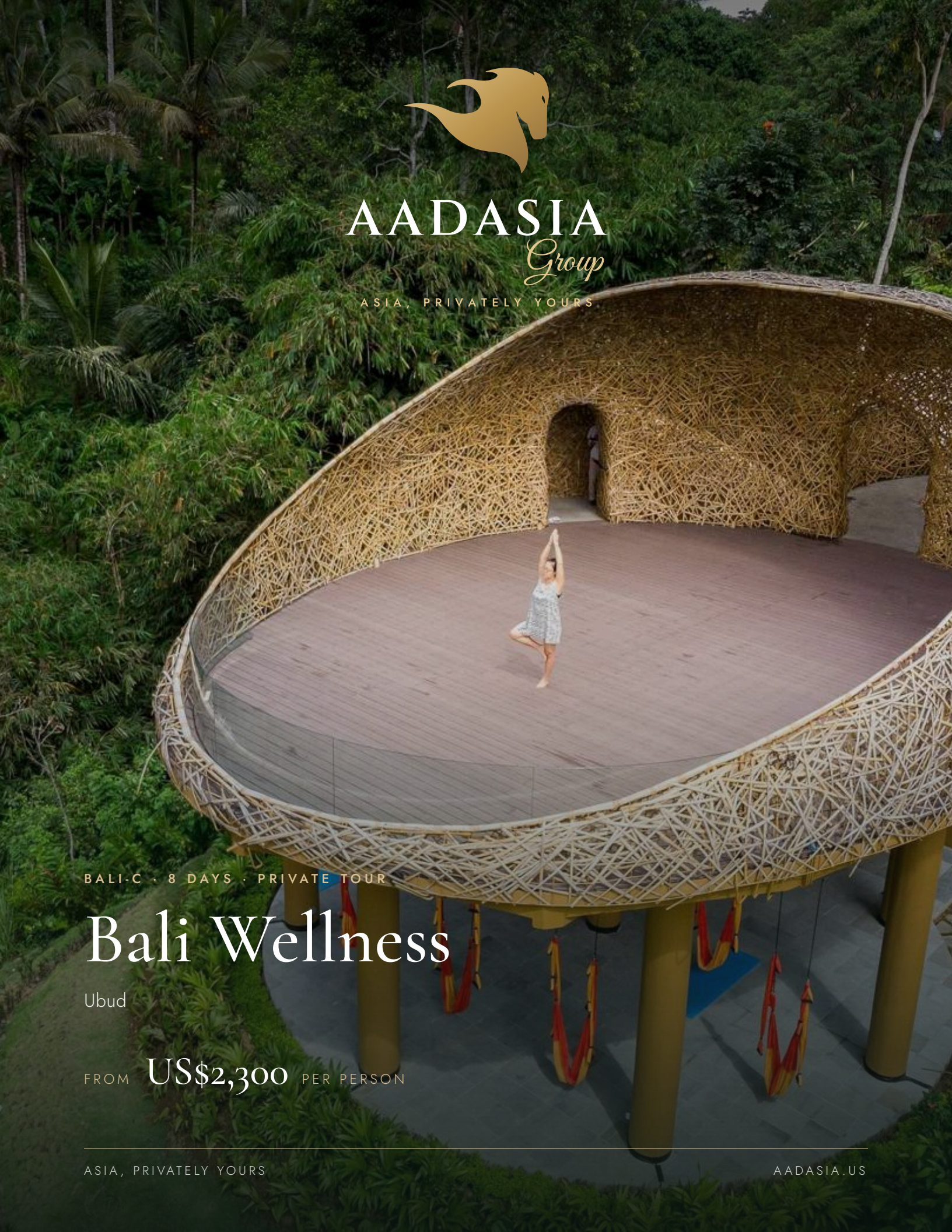


AADASIA Group

ASIA, PRIVATELY YOURS

BALI-C · 8 DAYS · PRIVATE TOUR

Bali Wellness

Ubud

FROM US$2,300 PER PERSON

OVERVIEW

An eight-day wellness retreat for groups of 10 to 20 at an Ubud resort with its own yoga shala: daily yoga and meditation, a water-purification blessing, sound healing, spa treatments and healthy full board. A six-day version is also available.

Every day can be adjusted to your interests, and we can add extra nights, beach time or another country. Travel any time of year, from anywhere in the world.

WHAT YOU'LL DO

- Twice-daily yoga and meditation with your own teacher
- Tirta Empul water-purification blessing with a priest
- Sound bath and breathwork workshops
- Two spa treatments
- Campuhan Ridge walk and a rice-field trek
- Healthy full board and a farewell Balinese dance dinner

YOUR ROUTE



Flights between countries and long distances are quoted with your tour.

What's included

- ✓ Hotels with daily breakfast
- ✓ Private English-speaking guides
- ✓ Private car with driver
- ✓ Entrance fees and activities listed
- ✓ 24/7 local support

Not included

- – International flights (we can book them)
- – Visas
- – Tips and personal expenses
- – Travel insurance

DAY BY DAY



DAY 1

Arrive Bali → Ubud

Private transfer, welcome ceremony and a sound bath.



DAY 2

Ubud

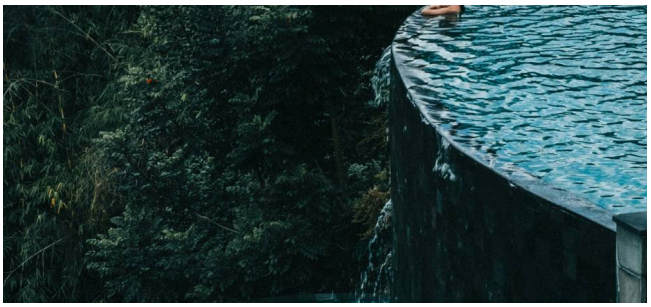
Sunrise yoga and a Tirta Empul water-purification blessing with a priest.



DAY 3

Ubud

Yoga, a Balinese cooking class and a 60–90 minute spa treatment.



DAY 4

Ubud

Campuhan Ridge walk, meditation and a free afternoon.



DAY 5

Ubud

Rice-field trek and a breathwork workshop.



DAY 6

Bali highlands

A waterfall, Lake Bratan and Ulun Danu temple; second spa treatment.



DAY 7

Ubud

Closing circle and a farewell dinner with Balinese dance.



DAY 8

Bali departure

Morning yoga and private airport transfer.

Sample itinerary: the order can change with flight times, and every day can be adjusted.



HOW TO BOOK

Speak to an expert

01

Send your request

Tell us your dates, number of travelers, hotel level and any changes. No payment needed.

02

We design & confirm

Your travel designer sends the detailed itinerary with hotels and the final price.

03

Confirm & pay by invoice

You pay only after you approve the confirmed itinerary.

Call toll-free

US & CANADA

1-888-696-8896

Contact us

US@AADASIA.COM

+1 954 292 1717
+1 786 676 9918

AADASIA Group · US Office: 3201 NE 183rd St, Unit 2102, Aventura, FL 33160 · aadasia.us

Prices are "From" per person. The final price depends on travel dates, group size and hotel category, and is confirmed in writing before payment. International flights are not included unless listed.

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